



Fetal Alcohol Syndrome (FAS)

Beer
Wine
Mixed Drinks
Wine Coolers
Liquor

FAS Mental Retardation Can Be Prevented

- ◆ NO ALCOHOL IS SAFE DURING PREGNANCY!
- ◆ The only cause of FAS is drinking alcohol while pregnant. Alcohol can cause birth defects at any and all stages of pregnancy.
- ◆ FAS is one of the leading known causes of mental retardation and is 100% preventable.
- ◆ Alcohol causes the most serious neurological effects in a fetus compared to cocaine, heroin and marijuana.
- ◆ The effects of FAS can include physical, mental and behavioral problems which are permanent.
- ◆ There is no cure.
- ◆ Early intervention and support services can help to improve the lives of those with FAS.

For more information contact The Arc of
Rowan County 704-637-1521

Creating solutions, One person at a time

Cabarrus Davidson Rowan Stanly Union

1-800-939-5911

For Information, Assessment, Crisis Care & Referral

Providing...

Mental Health

Developmental Disabilities

Substance Abuse Services

Through A Network of Providers

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