

The Arc/Rowan Newsletter

The Arc/Rowan Board of Directors

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Mrs. Beth Dixon, Vice President
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Mrs. Kathy Pulliam, Secretary

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Linda Mercado, Recreation, Van Driver

2006 Volume Number 2

We are thrilled to announce that
The Arc/Rowan now has an Internet "website"!

www.thearcrowan.org

The Arc/Rowan's new website, www.thearcrowan.org, contains a tremendous amount of information about The Arc/Rowan and its services. A sampling of the information available on the site includes:

- History of The Arc/Rowan.
- Description of local programs offered by The Arc/Rowan.
- Links to other websites that may be of interest to the developmentally disabled community.
- A listing of The Arc/Rowan's Board of Directors.
- Upcoming events of interest to the developmentally disabled community.

...and much, much more!

The Arc/Rowan has long wanted an online presence to allow more people in our area to learn about our services, and this goal is now a reality!

The site was originally created by Catawba College students with input from The Arc/Rowan staff. Our site was recently placed on the Internet with wonderful support from local technology vendor Velocenet.

The website is a work in progress and will someday be a resource for all of Rowan County's developmentally disabled community.

Ron Hunter, a member of our Board of Directors, is acting as the "webmaster" for the site and would love to hear your suggestions on how to make the site better. Please send him any comments you have about the site to

arcwebmaster@carolina.rr.com



Membership - The Heart of The Arc/Rowan

Membership is "The Heart" of The Arc/Rowan. At this time we would like to thank the following individuals and businesses for becoming new members and or renewing their memberships since our last newsletter.

Norman & Becky Albrecht
Laura Allman
Dr. Fred Bachl
Mrs. Evelyn Barnette
Miss Mabel Barnhardt
Cindy Baubach
Mrs. Edith Boger
Robert Bonacci
Dr. Lyn Boulter
Mrs. Verna Bragg
James Bradshaw
Mrs. Betty Brown
Mrs. Beatrice Burke
Mr. & Mrs. Floyd Burton
Mrs. Grey Calvert
Joy Childers
Lori Cinquemani
Lorene Coates
Bob & Sara Cook

Jamima DeMarcus
Jeff & Gina Dinse
Dee Elliott
Mr. & Mrs. Jim Epperson
Carol Grant
Jerry & Judy Haigler
Nancy Harrison - RHA
Wayne & Loretta Hayworth
Mr. & Mrs. Ron Hunter
Dr. Donald Jackman
Wanda Jones
Gerald Jordan
Dr. Charles Lockert
Glenn McDonald
Jason Mercado
Linda Mercado
NC Gamma Thea Chapter
David & Kathy Pulliam

Renita Ritchie
Robert & Trisha Ritchie
Carolyn Rogers
Carrie Rogers
Dr. Erma Scarlette
Mr. & Mrs. David Setzer
Daryl Shores
Hazel Shores
Dr. Elaine Stiller
Freda Taylor
Betty Thompson
Sadie Traskiewics
Michael Vorherr
Mr. & Mrs. James Wagner
Mr. & Mrs. Clement Wells
Mr. & Mrs. David Whisenant
Brady Wise
Mrs. Mattie Wise

Food Lion Receives State Award

The Arc of North Carolina held the annual State Convention in Charlotte on Friday, September 8th and Saturday, September 9th. The Convention featured opportunities for attendees to learn about programs through out North Carolina for and about people with developmental disabilities. How exciting to have such a large attendance from Rowan County!

This years' theme was "Advocating for a Lifetime". Awards presentations on Friday night included the award for Employer of The Year. Food Lion, LCC Inc. was recognized as the employer having an exceptional record of providing inclusive competitive employment opportunities for people with developmental disabilities. The nomination was made by The Arc/Rowan. The Arc/ Rowan is one of 41 chapters of The Arc in North Carolina. Food Lion provides many jobs for people with disabilities through out North Carolina including Rowan County. Food Lion has been great to work with and recognizes the value of diversity of their employment force.

The Arc of Rowan was also recognized with the Communicator's Award. The award honors outstanding communication efforts in print or video projects of local Chapters of The Arc. Peter Bader accepted the award for The Arc/Rowan. Peter has been instrumental in the development of powder point presentations and pictorial representation of The Arc/Rowan history.

The agency was provided a third recognition for Distinguish Affiliate. This award honors Chapters of The Arc who demonstrate the mission of The Arc for people with developmental disabilities.

For more information about the convention and to view photos visit

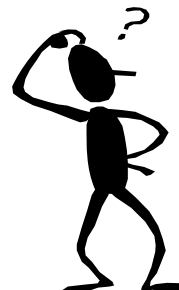
www.thearcrowan.org and www.arcnc.org

The Arc/Rowan Seminar Schedule

As part of The Arc/Rowan's continuing education seminar series, our October 2006 seminar will be "A Discussion of Autism".

Ron Hunter, the former leader of the local chapter of the Autism Society of North Carolina and a parent of two children on the autism spectrum, will provide information about autism including:

- What is autism?
- What causes autism? Can autism be cured?
- Why is autism a "spectrum" disorder?
- Different types of autism.
- How prevalent is autism?
- How does autism affect Rowan County?
- "Red flags" to look for in small children.
- Overview of treatment options.



A question and answer session will follow the presentation. The seminar will be held **Tuesday, October 24th 2006, from 7:00-8:30 p.m. at The Arc/Rowan office.** Anyone interested in learning more about autism is encouraged to attend this informative session. For more information, please contact The Arc/Rowan office at 704-637-1521.

January 23, 2007 Monthly Seminar, "Discussion of Challenger Little League Baseball".

7:00-8:30 p.m., Hurley Room at Rowan Public Library (main branch). This seminar will give you all the information that you will need to sign your child up for Challenger Little League Baseball. You will know when and where - this will also give you the perfect opportunity to ask questions. Please call The Arc/Rowan if you have any questions and we will try to answer them.



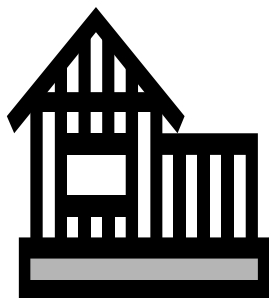
February 27, 2007 Monthly Seminar, "Estate Planning and Letter of Intent", 7:00-8:30 p.m., Hurley Room at Rowan Public Library (main branch).

April 24, 2007 Monthly Seminar, Guest from ECAC will be our speaker - location to be announced

7:00-8:30 p.m.

Quad Update

The Arc of Rowan has been working on the development of new housing opportunities for people with disabilities. One avenue has been with The Arc of North Carolina Housing Development Program. The Arc of NC has purchased two lots in Salisbury for apartments. Each lot will have 4 units or as we have been calling them "The Quads". The Arc of NC has applied to HUD for grant money for the building of these new apartments. The process has been very slow. We have many people who expressed an interest in living in their own apartment. If you know of someone who would like to be considered to live in an apartment call The Arc Rowan at 704-637-1521. We are collecting names of interested people at this time.



Some time in November we expect to hear if The Arc/Rowan sites have been approved for funding by HUD. Upon approval the funds will be "released" in the Spring'07 then construction can begin. HUD has predetermined time lines for grant projects. We have appreciated all the assistance and guidance from The Arc of NC for this opportunity to offer apartments for people with developmental disabilities.

Rowan LIFE

Improved living for Older and Disabled Adults

The Arc/Rowan has been a member of the Steering Committee for Rowan LIFE. A lot of work has taken place from many agencies to increase the opportunities for older adults and adults with disabilities. Some of the committee's basic guiding principles include:

" Aging in Place"

The opportunity for older adults and those with disabilities to stay in their home within the community with all the supports, services, conveniences, policies, and programs to sustain quality of life.

"Life Improvement for Everyone"

Community opportunities for a wide range of social and economic supports for all citizens, including older and disabled adults. Community planning that respects and supports older and disabled adults desire and efforts to live independently.

Rowan Life completed a full report including recommendations for:

- * Accessible and affordable medical care
- * Accessibility of information
 - * Advocacy
 - * Housing
- * Transportation

The full report may be found at:

www.ruffyhomes.org

www.co.rowan.nc.us/seniorservices

www.co.rowan.nc.us/dss



Upon request The Arc/Rowan will provide a PowerPoint presentation about this collaborative planning initiative and what has been accomplished so far and plans for the future.

For additional promotion of the needs of the "graying" population, The Arc/Rowan plans to participate in the Public Hearing held by The NC Study Commission on Aging on issues involving older adults on October 17, 2006. The commission includes members of the North Carolina House of Representatives, members of the NC Senate and providers of health, mental health, and social services to older adults. This is an opportunity for the commission to hear from people with disabilities about aging issues effecting those in Rowan County.

Piedmont Behavioral Healthcare
Call Center
1-800-939-5911

Use this number for information, referral,
24-hour crisis line, access to services,
links to providers, questions
about current or needed services

Don't Forget
The Arc/Rowan Third Annual
Festival of Trees
December 2nd & 3rd
F & M Trolley Barn

Fishing Tournament

What an event! The Hills Bassmasters did it again, and this time was better than ever! Between the fishing club volunteers and the East Rowan Student Council - 31 individuals had a wonderful day of fishing. It is hard to believe that this relationship has been ongoing for 12 years. The number of hours and volunteers that it takes to make this event happen is unbelievable.

The day was beautiful. Everyone enjoyed themselves. Ellen Mullen wrote a special prayer for the day and The Arc/Rowan would like to share a few lines with you.

Dear Heavenly Father,

We're gathered here today as your grateful servants, having enjoyed over a decade with what has now become our Arc family. Most faces are familiar - some are new - each a special gift from you, Lord.

We came to teach them to fish. They taught us to enjoy fishing.

We came to feed them, but they fed us with their excitement and appreciation and love.

We had hoped to give them a fun day. They gave us memories for a lifetime.

Lord, help us to see life as they do. Jesus once said, "Whosoever doesn't see the Kingdom of God as a child shall not enter". May we learn from them.

Bless too Lord, all the volunteers who make this day possible. The Hills and all they do, Mrs. Cherry and her flock from East Rowan who she loves and guides as only your angels can.

This is just a few lines from the prayer was read while everyone gathered around for lunch. These lines touched the lives of everyone there - by the time Jamie Mullen finished reading the entire prayer, you could look around and see so many people who were touched by this pray with a tear rolling down their face and smiles at the same time.

The Arc/Rowan Christmas Party

It is hard to believe that Christmas is just around the corner. December is going to be a busy time for The Arc/Rowan. Ruth Robinson is working extremely hard to get everything ready for The Arc/Rowan Christmas Party.

This year we are please to announce that The Arc/Rowan Christmas Party will be held on Thursday, December 14, 2006 at North Main Baptist Church. The party will begin at 6:30 p.m. and will end at 8:30 p.m.

The evening promises to be filled with fun and excitement. There will be various activities planned, so please come and join the fun!

Operation Santa Campaign

The Campaign is just
around the corner.

Mark your calendars! December 1, 2006 is the date that our Santa's Helper Forms will be mailed.

The Arc/Rowan is in the process of getting everything together for our Annual Operation Santa Claus Campaign for needy children and adults who are developmentally disabled. The donations will help in purchasing gifts requested by individuals in and from Rowan County.

**The Arc/Rowan wishes everyone a
Happy Holiday Season**

The Arc/Rowan has been very fortunate to receive grants from the following Foundations to help support our efforts:

Phillip Morris Employee
Community Fund

The Blanche & Julian Robertson
Family Foundation, Inc.

The Margaret C. Woodson
Foundation

Alcoa



December

2nd & 3rd

Calendar of Events

October 2006

10/16/2006 - The Arc/Rowan Board of Directors Strategic Planning Session.

10/20/2006 - Shaker's Dance: 7 - 9 p.m. at Salisbury City Park.

10/24/06 - The Arc/Rowan Monthly Seminar, A Discussion of Autism 7 - 8:30 p.m. ,
to be held at The Arc/Rowan office - 1918 W. Innes St., Salisbury, NC

November 2006

11/1/06 - The Down Syndrome Support Group monthly meeting 6:30 p.m. Partners In Learning CDC, Salisbury NC.
Contact Joy Childers (704-639-1565) or Kim Brooks (704-639-0406) for more information.

11/2/06 - Autism Society Social Group for families/friends with Mental Disabilities & Autism 6:30 p.m.

11/8/06 - Shaker's Dance: 7 - 8:30 p.m. at Salisbury City Park.

11/13/06 - The Arc/Rowan Board Meeting 6:30 p.m.

December 2006

12/2-3/06 - The Arc/Rowan Festival of Trees at the F&M Trolley Barn.

12/6/06 Down Syndrome Support Group meeting, 6:30pm, Partners In Learning CDC, Salisbury NC. Contact
Joy Childers (704-639-1565) or Kim Brooks (704-639-0406) for more information.

12/14/06 - The Arc/Rowan Christmas Party 6:30 p.m. - 8:30 p.m., N. Main Baptist Church, Salisbury.

The Arc/Rowan

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Email: arcrowan@cbi1.net

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